



### Product Spotlight: Lemongrass

To prepare your lemongrass, cut in half lengthways and remove the core. Bash with the end of your knife to release the perfumes before chopping.



## Switch it up!

*If you don't feel like a curry, you can add the coconut milk to the rice as it cooks to make coconut rice. Stir-fry the chicken with lemongrass and vegetables. Serve with lime wedges.*

# Thai Red Chicken Curry

A Thai-style red coconut curry with tender chicken pieces and fragrant lemongrass, all served on a bed of fluffy rice and finished with lime.



20 minutes



2 servings



Chicken

3 February 2023

| Per serve: | PROTEIN | TOTAL FAT | CARBOHYDRATES |
|------------|---------|-----------|---------------|
|            | 43g     | 38g       | 111g          |

## FROM YOUR BOX

|                    |       |
|--------------------|-------|
| BASMATI RICE       | 150g  |
| CARROT             | 1     |
| TOMATO             | 1     |
| LEMONGRASS STEM    | 1     |
| CHICKEN SCHNITZELS | 300g  |
| RED CURRY PASTE    | 1 tin |
| COCONUT MILK       | 400ml |
| SNOW PEAS          | 150g  |
| LIME               | 1     |

## FROM YOUR PANTRY

oil for cooking, soy sauce or fish sauce

## KEY UTENSILS

large frypan with lid, saucepan with lid

## NOTES

The red curry paste is spicy. If you prefer less heat you can add 1/2 tin curry paste first and then add more to taste.



### 1. COOK THE RICE

Place rice in a saucepan, cover with **300ml water**. Bring to a boil. Cover with a lid and reduce to lowest heat for 10–15 minutes. Remove from heat, stand for 5 minutes. Stir carefully with a fork.



### 2. SAUTÉ THE VEGETABLES

Slice carrot and wedge tomato. Chop white end of lemongrass (see product spotlight). Add to a frypan over medium-high heat with **oil**. Sauté for 5 minutes until softened.



### 3. ADD THE CHICKEN

Slice chicken and add to pan as you go. Stir in red curry paste (see notes) and coconut milk. Cover and simmer for 8 minutes.



### 4. ADD THE SNOW PEAS

Trim and halve snow peas. Add to pan and cook for 2 minutes until tender. Add zest and juice from 1/2 lime (wedge remaining). Season to taste with **soy sauce or fish sauce**.



### 5. FINISH AND SERVE

Serve chicken curry with rice and lime wedges.

**How did the cooking go?** We'd love to know – help us by sharing your thoughts! Go to the **My Recipes** tab in your **Profile** and leave a review! Text us on **0481 072 599** or send an email to **hello@dinnertwist.com.au**

